

# ESSENTIAL TRAINING

*Putting Safety First!*



## HLTAID011 Provide First Aid

Successful completion of this course leads to a nationally recognised Statement of Attainment for the Unit HLTAID011 Provide First Aid



### Course Information

This unit covers the skills and knowledge required to provide a first aid response to an incident or casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other national peak clinical bodies.

This unit is ideal for all persons who may be required to provide an emergency response in a range of situations, including community and workplace settings.

Essential Training delivers a wide range of First Aid Certification, our experienced and qualified trainers deliver courses using the latest training techniques, sharing their comprehensive knowledge to support our graduates to feel confident administering first aid in a variety of emergency situations.

This course covers various aspects of first aid including but not limited to:

- Recognising and assessing an emergency situation
- Responding to an incident, accident or life-threatening emergency and seeking assistance from emergency services
- Administering First Aid and performing cardiopulmonary resuscitation \*(CPR) in line with Australian Resuscitation Council (ARC) guidelines
- Managing casualties respectfully and obtaining consent where possible
- Utilising available resources and equipment to monitor the situation and respond in accordance with first aid principles
- Operating first aid equipment according to manufacturers' instructions/requirements
- Monitoring the condition of the casualty
- Accurately conveying incident details to emergency services
- Reporting details of incidents in line with appropriate workplace or site procedures
- Completing applicable workplace/site documentation (including incident report forms)
- Recognising possible psychological impacts on self and others and seeking help when required

To note: This course may also be combined with the Unit HLTAID009 Provide Cardiopulmonary Resuscitation for more extensive knowledge of CPR.

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# ESSENTIAL TRAINING

# HLTAID011

## Provide First Aid

### ● DELIVERY INFORMATION

**Training Location:** Unit 2, Wellington Fair, 40 Lord Street East Perth WA 6004

**Onsite Delivery:** We can come to you! Delivery is available at approved sites within the Perth metropolitan area and in some regional areas throughout WA.

Contact us to discuss workplace training requirements and availability.

**Delivery Method:** This is a blended delivery course comprising of a compulsory online (e-Learning) component to cover course theory, followed by a comprehensive face-to-face practical session delivered in a classroom/simulated workplace environment.

### COURSE DURATION & STRUCTURE

This blended course requires completion of the self-paced e-Learning component prior to commencing the practical session. Students will have access to the online portal for up to one (1) week prior to the practical session to complete the required theory. Depending on the student's prior knowledge of First Aid and learning ability, students may take between 4-8 hours to complete the e-Learning tasks. This can be done in one sitting or students may complete online tasks over several sessions. The practical component (demonstration, scenarios and assessment) is conducted within a 4 hour face-to-face classroom based session.

### ● ENTRY REQUIREMENTS

Essential Training has identified that clients will need to meet the following entry requirements prior to course commencement:

- be at least eighteen (18) years of age at the time of enrolment
- provide/obtain a Unique Student Identifier (USI)
- provide photo ID at time of enrolment and prior to commencing the practical classroom activities
- access to comfortable and appropriate attire for the practical session
- have a health & fitness level required to carry out the practical assessment requirements including the ability to perform continuous CPR on an adult manikin while kneeling on the floor for up to 2 minutes on multiple occasions
- have suitable English language proficiency and Language, Literacy, and Numeracy (LLN) skills at least to the level of Year 10 or equivalent (demonstrated via the Essential Training pre-enrolment evaluation)

### ● RECOGNITION OF PRIOR LEARNING (RPL) & CREDIT TRANSFER (CT)

Essential Training provides RPL and Credit Transfer opportunities to all students.

Students wishing to undertake RPL will need to complete an RPL guide for their course.

For further information, or to request an RPL guide, please contact us via email at:

[info@et.wa.edu.au](mailto:info@et.wa.edu.au)

For more information, or to book your training program with us, please contact [training@et.wa.edu.au](mailto:training@et.wa.edu.au) or visit our website: [www.et.wa.edu.au](http://www.et.wa.edu.au)

### ● ASSESSMENT

This course is assessed using a range of assessment methods and tools including online reading, writing and knowledge tasks, and scenario-based practical performance tasks observed by the Assessor.

### COURSE FEE

- \$160 per student (course fees include course enrolment, materials and learning resources)
- \$99 per student for Refresher Only option
- \$220 per student for Combination Course including HLTAID011 and HLTAID009 (online + 1 day face-to-face practical session)

Contact us for Group Discounts/Group training options

### ● COURSE OUTCOMES AND CERTIFICATION:

On successful completion of this course, students will be awarded a Nationally Recognised Statement of Attainment for **HLTAID011 Provide First Aid**

**Re-certification:** Current Industry standards recommend renewing this certification every 3 years, with the CPR component being updated every 12 months. This can be done via completing a Refresher Course.